THAAKAT FOUNDATION

annual report 2015



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What's where

A Letter From the Board

Every year, our project sites are faced with challenges that leave us with the ability to fall or to make impact. Due to our location and proximity to circumstances we have the opportunity to make a difference especially when it's needed most. This year, Karachi, Pakistan—a city of 20 million people faced a treacherous heatwave. The wave of temperatures (recorded up to 113F) hit at a time when most people were observing the religious month of Ramadan- this included the fasting from sun up to sundown. Shops were closed; restaurants were shuttered, for the poor man walking the streets in search of water—it was nowhere to be found.

The people who suffered the most were those without adequate housing and resources. At our DREAMS school site in Jam Chakro village (Kachra Kundi), Karachi, Pakistan, the burning garbage and searing sun overhead created for the most difficult of circumstances. Immediately you helped us to arrange food rations and pledged funds to build a water well. Today, should a heat wave hit, our villagers have a source of fresh flowing water, new trees sprouting to give them shade and the promise that we are there to support them.

Our Fatmata Maternity center in Sierra Leone serves as a sounding board for six communities. Malaria is a problem and villagers don't need to tell us, we see it. Our project sites continue to serve as a ray of hope.

This year we launched a cross community Malaria prevention program and have encouraged the district to adopt increased measures to detect and prevent people from the disease. Today we have sanitation leads in place at each village post, fines in place for who don't observe safety and hygiene rules and plans to build out public latrines (restrooms) to stop the spread of illness and disease. This is leader-ship.

At the Konadu Basic School in Ghana we wanted to be more than an institution, we wanted to be a part of building solutions for the community. More than 50% of students come from single mother homes and we felt it our responsibility to help empower them. Thanks to your donations, we were able to launch a mushroom farm. Not only does this flourishing farm provide skill and opportunity for women who will be able to rotate through our training program but the profits will also help us sustain growing operations at our school. Our first mushrooms went to market in September 2015 and they looked enchanting! These mushrooms are not just food- they are going to one day define Konadu as a regional agri-hub.

The \$136,000 you helped us to raise this year was stretched as far as possible to provide the most impact. Every dollar has created a smile, love and opportunity for those who really need it.

Thank you for believing in us. Sincerely, 2015-2016 National Thaakat Foundation Board

2016 Board of Directors

Amani Memon Funding/Development Outreach Azka Asif Director/Social Media

Hina Khan Global Public Health Lead

Nudrat Zoha Director/Global Projects

Faraz Hamedani Strategy & Development

Ruhail Moffat Local Operations / Logistics Lead

Saad Bawany Program Manager/ Annual Events

Sufyan Barkat Funding/Development Director Uzma Bawany

Executive Director

2015 BOARD OF DIRECTORS

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Ruhail Moffat Local Operations / Logistics Lead

Saad Bawany Program Manager/ Annual Events

Sufyan Barkat Funding/Development Director

Uzma Bawany Executive Director

Zabin Patel Global Projects Assistant

University Presidents (2015-2016)

Sumayya Qudrat

Bradley University

Ashna Mehra New York Institute of Technology (NYIT) Amal Amir & Haris Farooqi

Rutgers University/New Brunswick

Misty Budwal The College of New Jersey (TCNJ) Mariam Mirza University of Illinois/ Urbana Champaign Abad Majeed University of Illinois/Chicago

Amina Raazi

The Ohio State University

meet the team

These are the people who keep Thaakat running.

Special Thank you to our **Board Assistants**

Faiz Hussaini Aasa Tahir Omar Salim Mohammed Ali Sarah Khan

Special Thank you to our Lead Volunteers

Adam Rangoonwala Ayesha Lodhia Hamza Masood Hira Malik Musfata Masood Saad Moffat 7aeem Haroon

We raised a total of \$136,993.63
We donated a total of \$127,666.44
100% of our direct public support (donations) went directly to our projects!

Direct Public Support (These are funds you helped us raise!) General Donations Corporate Contributions Chapter Fundraisers	\$94,112.66 \$17,145.98 \$7,957.99	2015 fin
Total Direct Public Support	\$119,216.63	We invested global proje thanks
Corporate and Business Grants Sponsorships Corporate and Business Grants - Other	\$9,325.00 \$5,452.00	
Total Corporate and Business Grants	\$14,777.00	
Drojacte Expanses (These are depations put towards our projects)		
Projects Expenses (These are donations put towards our projects) DREAMS for Kachra Kundi- School in PK	\$86,120.11	
Konadu Basic School Ghana	\$22,175.00	
Local Volunteering	\$79.34	
Fatmata Maternity Center	\$17,891.99	
Global Projects Misc.	\$1,400.00	· · · · · · · · · · · · · · · · · · ·
		1 Contractor

Total Projects Expenses_

\$127,666.44

nancial highlights

d \$20,000 more in our ect sites over last year to your donations!

Thaakat Foundation Profit & Loss January through December 2015

Ordinary Income/Expense		xpense
Income		Projects Expenses
Direct Public Support		Kachra Kundi- School in PK
General Donations		Konadu School Ghana
Corporate Contributions	17,145.98	Maternity Center
Chapter Fundraisers		Global Projects Misc. Local Volunteer
Total Direct Public Support		Total Projects Expenses
Corporate and Business Grants		
Sponsorships	9.325.00	Fundraiser Expense
Corporate and Business Grants - Other		Event Expenses
Total Corporate and Business Grants		Total Fundraiser Expense
Other Types of Income		Travel and Meetings
Leadership Conference Funds		Leadership Conference Cost
Total Other Types of Income		Total Travel and Meetings
Total Income	136,993.63	Overhead Bank/Wire Transfer Fees

We invested everything donated to us this year (and more) in our global projects thus Net Income is negative. Overage was pulled in from 2014 retained earnings.

Contract Services Accounting Fees Legal Fees

Total Overhead

Social/Web Expenses Mailing, Administrative Fees Software Expense

Total Contract Services

Total Expense

Net Ordinary Income

Net Income

 1,400.00
127,666.44
6,741.50
6,741.50
1,969.21
1,969.21
1,370.00
37.10
1,439.99
618.00
10.00
628.00
138,445.14
1,451.51
-1,451.5 1

Congratuations to our 2015 Tournament Champions!

1st Place: Ruckus 2nd Place: Hard2Gaurd

Thaakat leads a series of communitybased volunteer activities, awareness campaigns, and fundraising events nationwide. **Our university chapters help** us to carry out our mission of service and charity by volunteering their time to local institutions and people in need.





Did You Know?

Our board members work on a completely volunteer basis so that 100% of your donations can go directly to people who need it most.

our volunteers

A special thank you for all that you do.

Our annual charity tournament is more than just guys coming out to play a good game of basketball, over the last 5 years we've raised over \$50,000 for our global projects. That's the impact you've helped to make here.

Saad Bawany, National Board Member

By learning about and joining the Thaakat initiative, I have been brought to a whole other world, one that is giving, kind and brings smiles to the world. It has opened my eyes.

Ashna Mehra, Founder, NYIT Thaakat

Over the last 7 years, our board and campus chapters have dedicated more than 60,000 volunteer hours to help make the world a better place.

Thaakat adopted global communities that were otherwise outcast from society. Due to their economic status, war and destruction or remote location they had been completely forgotten. Over the last 3 years we've worked to empower, sustain and help these people to stand up to a better hope for the future.





KONAD BASIC SCHOOL

Today, 111 students are receiving a free and quality education under the roof of the Konadu Basic School.

TECHIMAN, GHANA

EST 2013 111 students Primary school levels PreK-6 Location: Tanoboase Ghana On Site Leader: Clement Boamah

Konadu Basic School

In 2013 we adopted the community of Tanoboase, Ghana. Here is where we found Righteous, or rather we found each other.

Righteous began his school with just two kids. Now he has over 100. Righteous and the children make the best with what they have. Class starts at seven with breakfast and a morning prayer. Righteous and his staff teach the students to read and write English, learn basic math and geography, and provide a safe space for the children to play while their parents work. And all of this at no cost for the parents and students of the school.

Over the last year, our donors, our partners Liz Zweifler and Austin Pruett and everyone supporting us have brought this school to a place we never imagined in such short time. We have a complete 3 room schoolhouse, the uniforms, supplies and books to meet the standards of the Ghana Educational Service, children receive lunch every day, we have employed 8 teachers, and currently have 111 students enrolled.

Courses offered:

English Language Ghanaian Language Mathematics Environmental Studies Creative Art Computer technology Natural Science Religious and Moral Education Physical Education Music & Dancing

Tanoboase, Ghana

Tanoboase is a part of the Techiman District. Located at a historical crossroads of trade routes and the Tano River, it serves as capital of the Techiman Municipal of the Brong Ahafo Region in South Ghana.

Techiman is, together with Sunyani,one of the two major cities and settlements of Brong Ahafo region. It boasts a settlement population of 104,212 people in 2013.



water was something we needed very desperately;

to drink, to eat, to clean, for use at our farm, especially with the dry season. We drilled three years ago and had no luck but I went back to the Ghana Water Company. I showed them what we do. I plead with them to please check again. At my request, with no fee until water was guaranteed, they reached fresh water at 300 ft! We connected pipes to bring it to our school and...

> it has changed things like you could never imagine!

- Clement 'Righteous' Opoku Boamah, Founder of the Konadu Basic School



in the past three years...

Three additional teachers are hired

Konadu Basic School is built

2013

five teachers are hired.

student body grows from 65 to 100 children

School bus is purchased

Mushroom farm is launched





DREAMS for KARACHI KUNDI

The 'Dreams' School at Kachra Kundi is located in Jam Chakro village. Twenty kilometers away from the main city of Karachi, more than 300 families are living on this land and more than 10,000 in surrounding villages.

> 570 students PreK-Metric school level courses Location: Jam Chakro Village (Kachra Kundi) Pakistan On site Leader: Mazahir Sahib, Idara Al Khair Welfare

(ARACHI, PAKISTA EST 2012 570 students More than 100 tons of waste is dumped here daily. Villagers make their living by rummaging through the garbage for anything they can use or re-sell



the lives you've changed

Shaheen, Age 14. Student at DREAMS School for Kachra Kundi

> "Everyone has dreams. I too want to have a dream. These dreams are only possible through an education. When I receive that education and I start to reach my goals, I know that I will be inspired to continue to receive more learning. I will want to set new goals. In the future I want to be able to teach other girls. I want to help those girls whose families are also stopping them from receiving an education."

ولا اینی کا سی شجر

"After the city of Karachi suffered from a heat wave in July 2015, more than a thousand people perished. In October 2015, we launched a water well on site to provide relief from future such circumstances. With this water children can wash their faces, families have water to cook and drink and we are planting new greenery around campus to provide color to our surroundings and shade from the heat."



Nabi Baksh

Age 14. Student at DREAMS School for Kachra Kundi

Drug mafia and crime plague the area but our school helps students make good decisions over bad and you know instantly when you meet Nabi, he is a wonderful kid. In his home live about fifteen people. Brothers, nephews, nieces and parents under one roof. There are two straw mats that are used for beds - the others sleep on the floors. There is no heat or AC, in the heat temperatures reach over 100°F and in the cold, nights fall to a chilly 40°F or below.

Every day after school, Nabi Baksh races home with his younger brother and sister. His walk, about 30 minutes each way is over the hills and behind the mountainous school grounds. Thankfully he is a short distance from the landfill, but his family, like all others in the area, struggles.

Nabi is very quiet, doesn't talk much or smile but you can tell he has a vision and he is determined. Nabi races home each day to help his mother make samosas (potato filled pastries) that he then walks through the village to sell. By sundown, if he has sold his batch, he will make a total of \$1. Each samosa sells for 5 rupees, less than 5 cents. After the expenses to make these delicious samosas, earnings are even less. Like many other young students, Nabi works to help support his family.

Today, almost 1 million laborers in Pakistan are children between the ages of seven and fourteen. Nabi took us to his home one day to show us the process of making his samosas. They were probably the best we've ever had! He takes pride in his work and hopefully his education will help him further his entrepreneurial skills.





Our commitment to healthcare and women's empowerment lives on through our newly constructed maternity center. This facility was opened in April 2014 in a rural village in Sierra Leone in Pujehun district. The struggle to get this facility up and running has been a battle worth fighting entirely.

BLAMA PERRI, PUJEHUN DISTRICT, SIERRA LEONE

The civil war – in which half the population was displaced, 50,000 people were killed, 100,000 were mutilated and 250,000 women were raped – has ruined the country's economy, infrastructure and social services.

Despite the end of the hostilities, population's health status has not improved. Sierra Leone's maternal mortality rate is among the highest in the world. Some 17% of children die before their first birthday and 25% die before they reach the age of five.

why is thaakat here?

BLAMA PERRI, PUJEHUN DISTRICT, SIERRA LEONE

> Information Courtesy Médecins Sans Frontières -Sierra Leone Survey, 2006

2015 Malaria Incidence Summary at Fatmata

total malaria cases may - dec 2014

	ď	Ŷ	total
adults	71	106	177
adolescents	22	35	57
children < 5	215	198	413
total	308	339	647

total malaria cases jan - dec 2015

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adults	137	163	300
adolescents	57	66	123
children < 5	273	289	562
total	467	518	985

During our cross community Malaria prevention programs we pulled 60 people for random testing. 36 of those people tested positive for Malaria. That is more than 50%. This highlights what a problem the disease is for the region.

%

27.40% 8.80% 63.80%



20% 24% < 5.27%

total

Full Year Analyzing Fatmata Maternity Center

Adult Population (2015):

Malaria had the highest disease incidence among the adult population in 2015 with 500 cases out of 1514 total disease cases recorded in the adult population (0.200 incidence rate). STIs ranked in second highest with a 133 cases recorded (0.088 incidence rate). And ARI/Pneumonia ranked in third with a 116 reported cases with an incidence rate of 0.077.

Adolescent Population (2015):

Malaria ranked highest in the adolescent population with 123 cases reported in 2015 out of a total 449 cases (0.274 incidence rate). Typhoid ranked as the second highest with 47 cases reported (incidence rate of 0.105). The third highest disease in this population was worm infection (incidence rate of 0.078).

Children Under Five Population (2015):

Malaria ranked in number one with 562 cases out of a total 2376 disease cases reported in this population (0.237 incidence rate). ARI/Pneumonia ranked in second with 410 cases (0.173 incidence rate). Malnutrition ranked third with 207 cases reported and incidence rate of 0.087.

More than 6,000 patients have been provided free treatment since our opening in April 2014.

Healthy Baby Deliveries (2015):

We had a total of 93 healthy babies delivered safely at the Maternity Center in 2015. Of those, 45 were boys and 48 baby girls were delivered. YTD we have delivered over 150 babies at the center.

Family Planning (2015):

STDs have been one of the top three diseases afflicting the adult population of Blama Perri. Thaakat Foundation's initiative to reduce STD rates within this population subset has been to increase awareness of the health benefits of protected sex through increased use of contraceptives. In 2015, the Maternity Center had a total of 258 reported new contraceptive users and 194 continuing users. Oral contraceptives were used in higher numbers by new users (147 users out of total 258 users) whereas injectibles had a higher number of continued users (119 users out of 194 total users). Thus, the conclusion is injectable contraceptives were better accepted by the target adult population, as is visible by the continued use of this form of contraception over a prolonged period of time.

Acute Malnutrition Treatment (2015):

In order to help reduce the mortality rate in the children under five population, Thaakat Foundation provides a nutritional food source (in powder form) called Sierra Mix. Sierra Mix is loaded with all the necessary nutrients to aid in the growth and development of a young child. Additionally, the Maternity Center does growth monitoring of this population subset. From January through November of 2015, a total of 888 children under five population's growth were monitored, out of which 430 were boys and 458 were girls. By monitoring the growth of these children, disease prevention as well as early diagnosis and treatment of a disease become possible, allowing the child to grow to be a healthy adult. Currently 30 infants and toddlers are on our acute malnutrition treatment program.

Antenatal Care (2015):

Providing antenatal care to the pregnant women population has been one of Thaakat Foundation's main initiatives to aid in reduction of maternal and child mortality rates. From January through November of 2015, a total of 489 women were continually provided with antenatal care. Additionally, through outreach, 46 additional women were provided antenatal care. Antenatal care helps to track and monitor the health of both the mother and the child, throughout the pregnancy.

In 2015 we provided:

konadu

Konadu Basic School, Ghana

- Launched a permanent source of water for the school

- 3 new teachers hired - Mushroom farm launched to provide poor women with jobs/opportunities

- Free breakfast and lunch provided every day for students
- Our curriculum and dedication has helped our students earn 2nd best readers in the district

dreams

Dreams for Kachra Kundi, Karachi, Pakistan

 -Launched water well, serving over 10,000 people
 -Emergency food aid relief for 600 families during the heat wave
 -550 students with education 7 days a week
 -Adult accelerated learning program launchec
 -Counseling and emergency medical aid provided to students
 -General healthcare provided free of cost

> *special thanks to One Ummah Foundation, APPNA, NJS Logistics and Airlift International

In 2016 we hope to:

konadu

Konadu Basic School, Ghana

-To grow and help Tanoboase, Ghana become recognized as a regional mushroom agri-hub

fatmata

Fatmata Maternity Center, Sierra Leone

- 6000+ patients treated to date (of all ailments and ages)
- Malaria prevention/ educationplan to launch this month
- Water well launched in nearby community for the poor
- Additional unit added as post maternity suite and medicine store
- Acute malnutrition program provides malnourished infants and toddlers with food supplements; 30 children on the program today

2 new employees hired 150+ babies delivered

Dreams for Kachra Kundi, Karachi, Pakistan

Adopt 200 more students in need of education at Dreams of Kachra Kundi
Support our first ever graduating class at Dreams for Kachra Kundi as they consider their future in careers/ education
Complete our 10 ft boundary security wall to ensure the safety of our students. (thanks to One Ummah Foundation for their support here)

fatmata

Fatmata Maternity Center, Sierra Leone

 To expand our healthcare services at Fatmata Maternity Center
 Launch a business start up program for single mothers and widows struggling to support their families in Sierra Leone
 To continue to work to decrease growing Malaria rates in the region

a special thank you

"Coming together is a beginning; keeping together is progress; working together is success."

- Henry Ford

Thank You to Our Partners

APPNA

Idara Al Khair Welfare Society 🔪

- One Ummah Foundation
- Young Vision Africa

Photos Courtesy:

Kelly Wenzel Photography Austin Pruett Photography

Thank you to Our Sponsors

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